



Skyline Gastroenterology of West Tennessee

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Barium Enema Prep

1. Light lunch
2. 2 glasses of water or juice in the afternoon after lunch
3. Take 4 Dulcolax tablets
4. Clear liquid dinner
5. 2 Glasses of water or juice after dinner
6. 2 Dulcolax tablets before bed (swallow whole)
7. NPO (nothing by mouth) after midnight except for medicines
8. 1 Glass of water or juice in the morning
9. 1 Dulcolax suppository or water enema in the morning

If you can locate a fleets enema kit #2, this will have all the necessary items for this prep.

If you cannot locate this kit, the above items can be purchased separately.